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SIP 7: Progress in Cervical Cancer Prevention in the UK

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12

13 **Plain-language summary**

14 Globally, cervical cancer remains a preventable yet significant healthcare problem for
15 women. The World Health Organisation announced a call to eliminate cervical cancer in
16 2018, with recommendations for screening, vaccination, and treatment of pre-cancerous
17 cervical lesions.

18

19 Screening uptake is on the decline in the UK, particularly for younger women, where the
20 rate has now dropped below 70%. There are slight variations in the screening programme
21 among the devolved nations; primary screening is now with high-risk Human Papillomavirus
22 (hrHPV) testing. This test is sensitive, but not specific, meaning it is good at not missing
23 cancers or pre-cancer, but most people who test hrHPV positive will not have cervical
24 cancer or pre-cancer, and therefore testing positive can lead to unnecessary worry. Any
25 samples that test positive for the virus undergo ‘reflex’ cytology (the process by which cells
26 suspended in liquid are stained and examined under the microscope by those trained to
27 perform this assessment). This means only virus-positive samples are tested, to select
28 patients for colposcopy (visualisation of the cervix with special lenses, in a specialist
29 gynaecology clinic). Other possibilities for this triage test which may improve the accuracy of
30 screening including methylation (a chemical change in DNA that can be measured) testing,
31 and testing for specific markers, are currently under investigation. HPV type 16 is the most
32 common high-risk type found globally, including in the UK.

33

34 The UK national vaccination programme was started in 2008, and uptake in the UK is
35 currently around 80%. Since 2021, Gardasil9 (offering protection against 7 hrHPV types and
36 two HPV types that cause genital warts) has been offered to both boys and girls, at school,
37 age 12-13. In 2023, new guidance from the Joint Committee on Vaccination and
38 Immunisation (JCVI) recommended a single dose as sufficient. HPV vaccination has almost
39 eliminated cervical cancer in those born in or after 1995.

40

41 Future directions for the screening programme in the UK include the possibility of self-
42 sampling, adaptations in the post-vaccine era, and increasing the upper age limit of
43 screening. Self-sampling has been shown to be similarly accurate to clinician-taken samples,
44 and may be a good option for those who do not attend for screening, who have been shown
45 to have increased risk of cervical cancer and worse outcomes. One in 10 women with
46 cervical cancer in the UK is diagnosed over the age of 75.

47

48 Globally, recommendations for cervical screening exist in 139/202 countries. Of these, 48
49 currently recommend hrHPV testing. Efforts must be made to encourage uptake of both
50 screening and vaccination in order to continue to reduce rates of cervical cancer in the UK.

51

52 This guidance is for healthcare professionals who care for women, non-binary and trans
53 people. Within this document we use the terms woman and women's health. However, it is
54 important to acknowledge that it is not only women for whom it is necessary to access
55 women's health and reproductive services in order to maintain their gynaecological health
56 and reproductive wellbeing. Gynaecological and obstetric services and delivery of care must
57 therefore be appropriate, inclusive and sensitive to the needs of those individuals whose
58 gender identity does not align with the sex they were assigned at birth.

59

60 **Introduction**

61 Cervical cancer remains the fourth most common cancer in women worldwide. Over 300,000 women
62 died from cervical cancer globally in 2018; more than 90% of deaths were in low and middle-income
63 countries.¹ Primary Human Papillomavirus (HPV) testing in cervical cancer screening and HPV
64 vaccination have been the two most impactful developments in cervical cancer prevention in the last
65 decade. This paper discusses progress in cervical screening in the context of a UK setting, and future
66 directions for cervical cancer prevention.

67

68 HPV is responsible for 99.7% of cervical cancer cases, and although over 80% of women will become
69 infected with HPV at some point during their lives, the majority will clear it². Thus, HPV is necessary
70 but not sufficient for cervical cancer development; persistent infection with HPV can lead to cervical
71 precancer over the course of around 5-10 years, and in around 20 years can develop into cancer³. HIV
72 is a risk factor for persistence of HPV, and immune-altering states including rheumatoid arthritis and
73 inflammatory bowel disease on immunosuppressive medication, smoking, and vaginal dysbiosis are
74 risk factors for cervical cancer and cervical precancer development, respectively⁴. There are over 200
75 types of HPV that have been identified, and currently 12 of these types are officially classified as
76 'high-risk', meaning are recognised as carcinogenic⁵, although 15 types have been associated with
77 cervical cancer⁶. The list of HPV types classified as high-risk is dynamic as we may find that some
78 rarer types can also cause cancer in the future. The long natural history of cervical cancer and the
79 interval between HPV infection and cancer development, as well as the anatomical position of the
80 cervix being suitable for non-invasive sampling, mean that cervical cancer screening is beneficial and
81 cost-effective at a population level, although unfortunately this is not available to many women
82 globally^{7,8}.

83

84

85 **1.1 WHO Elimination Strategy 90-70-90**

86 In May 2018, the World Health Organization announced a global call for action to eliminate cervical
87 cancer. This was adopted by the World Health Assembly in 2020 under the title of the Global Strategy
88 for Cervical Cancer Elimination⁹. Goals are divided into three pillars: vaccination, screening and
89 treatment, with the aim of 90% of girls to be vaccinated against HPV by age 15; 70% of women to be
90 screened for cervical cancer with a high-performance test by age 35 and again by age 45; and for
91 90% of cervical pre-cancer and cancer to be treated. (The definition of a high-performance test in the
92 World Health Organization Cervical Cancer Elimination Initiative is as follows: A high-performance
93 test refers to a test that would have performance characteristics similar to or better than an HPV test.
94 In future, however, new technologies may become available.) The aim is for the targets to be met in
95 each country by 2030. Elimination of cervical cancer from a public health perspective is defined by
96 incidence rates of 4 per 100,000 or less¹⁰.

97

98 **1.2 United Kingdom screening population coverage**

99 Cervical screening uptake continues to decline, particularly among younger women, and the national
100 coverage in England, Scotland, and Wales has now dropped below 70% for those younger than 49
101 years. In England in 2020-21, 69.9% of eligible individuals aged 25-64 had last been screened within
102 the required number of years, down from 70.2% in the previous year¹¹. In Wales, coverage rates for
103 the same year were 69.5%¹². Scotland presented coverage figures of 55.4% for those aged 25-29 and
104 78.8% for those aged 50-54; the total uptake rate was 69.3% for all ages¹³. Northern Ireland coverage
105 rate was 66.7% overall for the same year¹⁴. The requirement for a successful screening programme is
106 80% coverage.

107

108 **2 Recent developments**

109 The UK cancer prevention strategy has been modified over the last decade to reflect new and
110 emerging technologies and evidence.

111

112 **2.1 High-risk Human Papillomavirus testing in screening**

113 After a successful pilot¹⁵, primary HPV testing was introduced to the English screening programme in
114 December 2019, echoing the choice of many other countries globally; as of 2022, 35% of 139
115 countries with an established screening program were using primary HPV testing¹⁶.

116

117 **2.1.1 Higher sensitivity of hrHPV test**

118 High-risk HPV (hrHPV) testing as a primary screening test has a higher sensitivity for the detection of
119 high-grade Cervical Intraepithelial Neoplasia (CIN) (CIN2 or worse; CIN2+) and cervical cancer in
120 comparison to cytology. A meta-analysis of four European randomised controlled trials including over
121 175,000 women, compared hrHPV testing to cytology, and found that HPV testing conferred 60-70%
122 greater protection against invasive cervical cancer; the incidence of cancer at 5.5 years was 8.7 per
123 10^5 women (95%CI 3.3-18.6) in those who underwent hrHPV testing, compared to 36 per 10^5 women
124 (95%CI 23.2-53.5) in those who were tested with cytology¹⁷. In 2017, a Cochrane review and meta-
125 analysis of 40 comparative studies found the sensitivity and specificity of conventional cytology to be
126 62.5% and 96.6%, respectively, and the sensitivity and specificity of hrHPV testing were both 89.9%.
127 Therefore, the relative sensitivity (calculated by taking the sensitivity of the reference test, cytology
128 as 1) was 1.52 (95%CI 1.24–1.86) for hrHPV testing compared to cytology for detection of CIN2+ with
129 a corresponding relative specificity of 0.94 (95% CI 0.92-0.96)¹⁸. Retrospective data from the UK of
130 over 500,000 women from the first round of screening after implementation of hrHPV testing
131 corroborates this; baseline hrHPV testing detected more CIN2+ than cytology with an odds ratio of
132 1.49 (95% CI 1.43-1.55)¹⁹. HrHPV test has high negative predictive value (estimated to be between
133 93.8% and 99.7%²⁰), improved cost-effectiveness once established²¹, and better suitability for
134 vaccinated cohorts²². There has been concerns that the introduction of primary hrHPV screening will
135 increase the number of colposcopy referrals. Colposcopy referrals increased by 29% from 182,304 in
136 18-19 (latest year unaffected by the COVID-19 pandemic) to 235,223 in 21-22¹¹. However,
137 observational data over 500,000 women screening in the UK with either cytology or hrHPV testing
138 found that although hrHPV detects high-grade CIN earlier, the cumulative rate of colposcopy over a
139 screening round was similar.¹⁹

140

141 **2.1.2 Triage of high-risk HPV-positive women detected at screening**

142 The UK prevalence of hrHPV is high; up to 13% of those screened may test positive, including up to
143 28% of women aged 30 or less, 10.5% in women aged 30-49 and 5.6% in women aged 50-64¹⁹; one
144 third of hrHPV positive women were HPV 16/18 positive. The high prevalence of hrHPV in women
145 screened requires triage tests that could accurately select women that should be referred for a
146 colposcopic examination in secondary care. In Great Britain, cytology is performed on high-risk HPV
147 positive smears and women with borderline cytology or worse are referred to colposcopy. (This is
148 referred to as 'reflex cytology', meaning it is performed only on samples testing positive on the
149 primary test, which is hrHPV testing.) In the presence of normal cytology, women are referred to
150 colposcopy after three positive hrHPV samples 12 months apart. Due to the modest sensitivity as
151 discussed above, other potential markers are currently under investigation, including DNA

152 methylation^{23,24}, p16INK4a^{25,26}, and HPV genotyping^{27,28}. Methylation tests using certain Cytosine-
153 phosphate-Guanine (CpG) sites or combinations of CpG sites in a panel appear to be accurate; with
154 some comparative studies showing this can be more sensitive and specific than cytology as a triage
155 test^{29,30}. There is currently no consensus as to the best marker or panel of markers, and many
156 potential markers have not been directly compared³¹. There is conflicting evidence on the
157 advantages of immunostaining with p16; although one study found an improvement in diagnostic
158 accuracy of CIN2+ detection on histological specimens³², others found no benefit in a colposcopic
159 setting³³. The IMPACT trial found dual staining with p16 and Ki67 using immunohistochemistry on
160 cytological samples does appear to show enhanced sensitivity for CIN2+ and CIN3+ detection,
161 although the specificity was lower than cytology³⁴. Although HPV 16/18 genotyping is used as a
162 triage in the US, in a study of 127,000 women within the UK screening programme, there was very
163 little clinical benefit added by genotyping, given the relatively high adherence to early recall, and the
164 high quality of cytology³⁵.

165

166 ***2.1.3 Adaptations after implementation of HPV testing***

167 The introduction of hrHPV test led to changes in the laboratory processes and infrastructure that are
168 now centralised in 11 laboratories. As a result, cytology training required for the British Society of
169 Colposcopy and Cervical Pathology (BSCCP) accreditation is offered online given the distance and
170 limited number of cytology laboratories.

171

172 The knowledge of a positive result for hrHPV may be misinterpreted and can lead to concerns and
173 fear of a sexually transmitted infection or cancer. It is important that the language used in both the
174 community and secondary care settings adequately addresses concerns and anxiety as result of a
175 positive test. A survey-based study of over 1000 women in the UK found that an HPV-positive result
176 can cause psychosexual distress³⁶.

177

178 ***2.1.4 HPV geographical genotype variation***

179

180 Hr-HPV type prevalence varies globally and within different regions in the UK; one study in Wales of
181 over 14,000 unvaccinated women found an unexpectedly high prevalence of HPV51³⁷, as it was the
182 most common type after HPV16 and 18. A meta-analysis analysing HPV type in cervical cancer
183 globally included 243 studies and over 30,000 cancer cases³⁸; HPV16 was the most common type
184 found in cancers in every continent, followed by HPV18, although the third to eighth most common
185 varied significantly between regions. The theoretical risk of type replacement post-vaccination is

186 thought to be unlikely, given the low prevalence of non-vaccine covered HPV types, and the
 187 genetically stable nature of HPV as a DNA-based virus³⁷, although monitoring of HPV type within
 188 populations remains important.

189

190 **2.2 Devolved nations variation in screening programs**

191 The UK Cervical screening program operates with variations in each of the devolved nations. Scotland
 192 were the first to extend the screening interval length from 3 years to 5 years when hrHPV testing was
 193 implemented in 2020³⁹. This was followed by Wales in January 2022⁴⁰.

194

Devolved nation	Screening interval	Primary screening method	Reflex test
England	Age 25-49: Every 3 years Age 50-64: Every 5 years	High-risk HPV	Cytology
Wales	Age 25-64: Every 5 years	High-risk HPV	Cytology
Scotland	Age 25-64: Every 5 years	High-risk HPV	Cytology
Northern Ireland	Age 25-49: Every 3 years Age 50-64: Every 5 years	High-risk HPV*, followed by cytology on all samples	n/a

195 *In Northern Ireland, high-risk HPV testing is used to prioritise samples for cytology (updated in April 2023 from
 196 primary cytology testing, followed by high-risk HPV testing for borderline and low grade abnormalities)⁴¹.

197

198 There is an ambition to align the screening programmes across the devolved nations by introducing
 199 primary hrHPV testing in Northern Ireland and extending the screening interval to 5 years in
 200 England⁴². Observational data from the first two hrHPV-based rounds of screening in the UK included
 201 over 1 million women and found that in the second 3-yearly round, the detection of CIN3+ was
 202 significantly lower following a first-round negative hrHPV test when compared to a negative cytology
 203 test (1.21/1000 for hrHPV testing; 4.52/1000 for cytology), supporting the extension of screening
 204 intervals to 5 years⁴². Australia moved to 5-yearly intervals with hrHPV testing in 2017⁴³, whereas the
 205 Netherlands cervical screening programme intervals were 5-yearly even prior to hrHPV testing, which
 206 was introduced in 2016⁴⁴; both countries have maintained low cervical cancer incidence, less than
 207 8/100,000 women-years⁴⁵. Providing public health information on the safety of 5 yearly intervals may
 208 help to increase its acceptability⁴⁶, as will long-term safety data after multiple screening rounds,
 209 which will start to become available from 2026/2027.

210

211 **2.3 Human Papillomavirus Vaccination**

212

213 There has been a national HPV vaccination campaign in the UK since 2008, delivered via education
 214 systems. Vaccination was firstly offered exclusively to females aged 12-13 (with a catch-up campaign
 215 for those aged 13-18), with the bivalent vaccine Cervarix, then updated to the quadrivalent vaccine
 216 Gardasil in 2012. In 2019, the Joint Committee on Vaccination and Immunisation (JCVI)
 217 recommended that the HPV vaccine invitation be additionally extended to males aged 12-13. In

218 2021, Gardasil9, a nonavalent vaccine that protects against types 6, 11, 16, 18, 31, 33, 45, 52 and 58,
219 was introduced. High-risk types 31, 33, 45, 52 and 58 are thought to be responsible for 15% of
220 cervical cancer; Gardasil9 protects against high-risk HPV previously responsible for 85% of cervical
221 cancers⁴⁷. Originally the full schedule comprised of three-doses, and this was updated to a two-dose
222 schedule in 2014. The JCVI have now recommended single-dose regimes can be implemented from
223 2023⁴⁸.

224

225 Vaccination uptake rates are around 80% in the UK⁴⁹. In the UK in the academic year 2021/2022,
226 vaccination rates for Year 8 females were 69.6%, which was 7% lower than the previous year. In Year
227 8 males the uptake was 62.4%, 8.7% lower than the previous year. Cumulatively, by Year 10, one-
228 dose vaccination coverage reached 86.5% and 81.5% for females and males respectively, which is a
229 significant increase from previous school years⁴⁹.

230

231 Those who have missed the vaccination programme can be vaccinated for free on the NHS up until
232 their 25th birthday⁴⁷. HPV vaccines are licensed up to the age of 45, however vaccinating individuals
233 older than 26 is not cost-effective at a population level⁵⁰, although there may be benefit for
234 individuals, particularly those who have developed pre-invasive disease and have shown themselves
235 to be susceptible to not only HPV infection but its sequelae. A small Italian study of 500 women
236 suggested that HPV vaccination may shorten the time to clearance⁵¹. The value of HPV vaccination in
237 women undergoing local treatment for CIN is under investigation⁵².

238

239 HPV vaccination has almost eliminated cervical cancer in women born in 1995 or after; in a large
240 study evaluating data from 13.7 million-years of follow-up, there were 448 fewer cervical cancers
241 than expected, and over 17000 fewer cases of CIN3⁵³.

242

243 **3. Future directions**

244 **3.1 Self-sampling**

245 It has been proposed that self-sampling for hrHPV in cervical screening may improve coverage and
246 participation, particularly for poor attenders, who are a group at particularly high risk of developing
247 invasive cancer⁵⁴. (Self-sampling refers to vaginal swabs inserted by the patient themselves, rather
248 than a clinician.) Large meta-analyses found self-sampling to be as accurate as clinician-taken
249 samples^{55,56}. A meta-analysis of 33 studies found that offering self-sampling increased screening
250 participation, with opt-in strategies being the most effective⁵⁷. In 2017, the Netherlands became the
251 first nation to introduce self-sampling as an option in addition to the option of a clinician-taken

252 sample⁴⁴. Australia implemented a similar policy nationally in 2022⁵⁸. Initial data of over 30,000 self-
253 samples from the Netherlands found the relative sensitivity of self-sampling for detection of CIN3+ to
254 be 0.94 (95% CI 0.90-0.97), and relative specificity to be 1.02 (95% CI 1.02-1.02).⁵⁹ In terms of
255 longitudinal data, the five-year Scottish Papillomavirus Dumfries and Galloway study found the risk of
256 CIN2+ and CIN3+ in those with HPV negative self-samples to be 0.6% and 0.2% respectively⁶⁰. This
257 study found the relative sensitivity of CIN3+ for hrHPV self-samples to be slightly lower in comparison
258 to clinician-taken samples, 0.95 (95% CI 0.90-0.99). A London-based self-sampling feasibility trial for
259 non-attenders at screening has recently been completed⁶¹, and it is likely that self-sampling may
260 form part of the future of cervical screening in the UK in some capacity.

261

262 While self-sampling has potential to significantly improve uptake for screening, there are multiple
263 issues with its implementation that will inevitably arise, including how to manage those who test
264 positive on self-samples. In the London-based feasibility trial, women who tested negative for hrHPV
265 on self-sampling tests returned to routine recall, and those who tested positive were then invited for
266 a clinician-taken sample⁶². The proportion of those sent a self-sample kit who returned it within 90
267 days was 11.6% (95%CI 11.2 to 12.1), whilst the uptake in those that were opportunistically offered a
268 kit in primary care was 55.0% (95%CI 53.9 to 56.1), respectively. hrHPV prevalence in the self-
269 screened cohort was 13.1%. Of those who tested positive for hrHPV on the self-sample, 84.9%
270 (95%CI 82.5 to 87.0) attended for a clinician-taken sample within 6 months. Self-sampling resulted in
271 a 22% (95%CI 18 to 26) increase per month in non-attenders that were screened per month in the as-
272 per-protocol analysis. 29.9% (8338/27,840) of offered kits were returned, 91.7% (7643/8338) were
273 suitable for analysis, and 13.1% (1001/7643) women tested positive for hrHPV positive on self-
274 samples. Of the 87.8% (879/1001) that attended for clinician-taken samples, 50.1% (440/879) tested
275 hrHPV positive on clinician-taken samples, 58.4% (257/440) were referred to colposcopy, and 65.8%
276 (169/257) underwent biopsy or treatment, including two invasive cancers detected.

277

278 ***3.2 Screening of mixed vaccination populations***

279 HPV vaccination has led to a major reduction in CIN3 rates and the risk of cervical cancer⁵³. Cervical
280 precancer and cancer are expected to continue to decrease over the next decade as the first
281 vaccinated cohorts will reach the peak age of cervical cancer development. Despite the advent of
282 vaccination, screening will need to continue. The first ever vaccinated cohort at age 12-13 will exit
283 the screening program in 2058. Even the second-generation vaccines only offer 90% protection
284 against cancer, whilst many individuals remain unvaccinated due to hesitancy, cultural and religious
285 beliefs. The lack of vaccination registration and increasing international migration of those who may

286 have received no or differing vaccination schedules will continue to add complexity⁶³. Screening of
287 mixed populations remains a potential future public health challenge, and an increase in the
288 screening intervals is likely.

289

290 ***3.3 Increasing the upper age limit of screening***

291 In the United Kingdom, 1 in 10 cervical cancers are diagnosed after the age of 75⁶⁴ and it is projected
292 that this will increase in the future. Factors such as an aging population, decreasing hysterectomy
293 rates, and changes in sexual behaviours with increasing sexual partners in those over 50s⁶⁵ contribute
294 to that increase. In 2017, Australia introduced hrHPV-based screening in 5-yearly intervals and
295 further increased the exit age. Modelling suggested that this programme would eliminate cervical
296 cancer within 20 years¹⁰. However, screening in older ages is not without challenges. The rates of
297 insufficient cell sampling, inadequate colposcopy and discomfort during gynaecological examination
298 are increased after menopause⁶⁶. A study published in 2014 studied the association between
299 screening at age 50-64, and cervical cancer age 65-83, and found that those with adequate negative
300 screening at age 65 were at the lowest risk of cancer (8/10,000 women), compared with those not
301 screened during that period (49/10,000). The study concluded that stopping screening between age
302 60 and 69 seems sensible, although further screening may be justifiable as life expectancy
303 increases.⁶⁷ A Danish population-based study aiming to recruit 10,000 women age 65-69 will
304 evaluate whether screening of this population will result in an increased detection of CIN2 or
305 worse⁶⁸, and the results may help to inform cervical screening policy extension in countries including
306 the UK.

307

308 ***3.4 Global developments***

309 While this paper focuses on developments within the UK, significant global advances in cervical
310 cancer prevention must be recognised. Recommendations for cervical screening exist currently in
311 69% (139/202) countries, and 35% (48/139) of those recommend primary hrHPV testing.¹⁶ A pooled
312 analysis published in 2016 estimated that 118 million women had been targeted by a HPV
313 vaccination programme, although only 1% of these were in low or middle income countries⁶⁹. All
314 European Union countries have introduced HPV vaccination in their national programmes, and many
315 of these have extended HPV vaccination to boys or are planning to in the near future.⁷⁰ Despite these
316 advances, there remains a clear socioeconomic gap in cervical cancer incidence and mortality
317 worldwide⁴⁵; Malawi has an age-standardised incidence of 67.9 cases per 100,000 women-years
318 [95%CI 65.7-70.1], in the context of a global age-standardised incidence of 13.3. There is an urgent

319 need to develop and implement feasible screening and vaccination programmes for low and middle
320 income countries.

321

322 **4 Opinion and Summary of current and future developments**

323 *Screening:*

- 324 • The introduction of primary hrHPV testing in screening and HPV vaccination has and will
325 continue to reduce the incidence of both cervical precancer and cancer. The high longitudinal
326 sensitivity of hrHPV testing for detection of CIN2+ allows the extension of cervical screening
327 round to 5-yearly intervals, which has already been adopted in Wales and Scotland.
- 328 • Reflex cytology is currently used to triage women with hrHPV that should be referred to
329 colposcopy, although other tests are being investigated.
- 330 • As more women will test positive for hrHPV at screening, the communication and
331 contextualisation of this result by clinicians and public health providers is important to
332 prevent unnecessary anxiety for these women.

333

334 *Vaccination:*

- 335 • A single dose vaccine for both males and females will be recommended in the UK from 2023.
- 336 • Infrastructure and training taskforce in colposcopy should adapt to the decreasing number of
337 women with cervical disease in the advent of vaccination.

338

339 *Policy:*

- 340 • Particularly as screening uptake continues to decline, it is important that national public
341 health campaigns continue to provide accurate and comprehensive information on the safety
342 and efficacy of screening and vaccination.
- 343 • Smoking cessation should also be encouraged as smoking remains a risk factor for cervical
344 cancer development.
- 345 • Self-sampling strategies may further improve coverage for poor attenders, whilst increasing
346 the age of screening exit to over 65 and adaptation in the post-vaccine era may be further
347 developments.

348

349

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