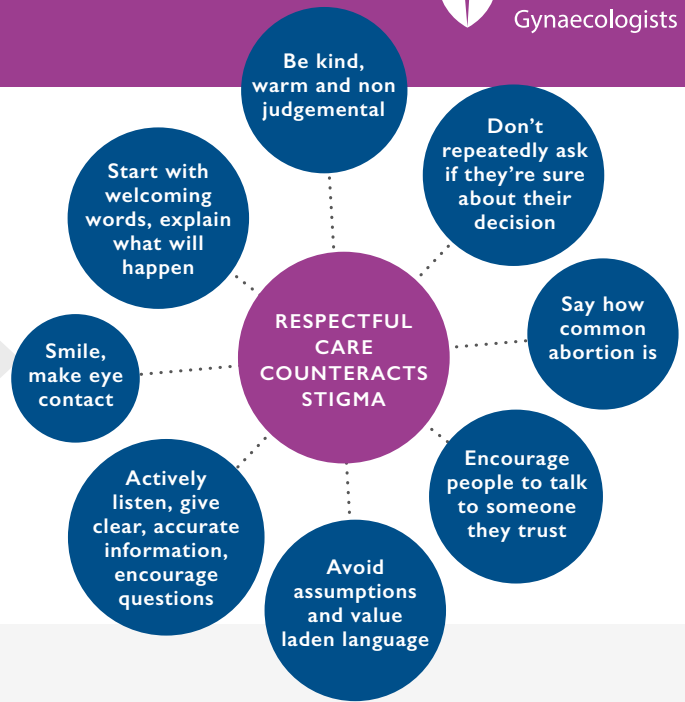


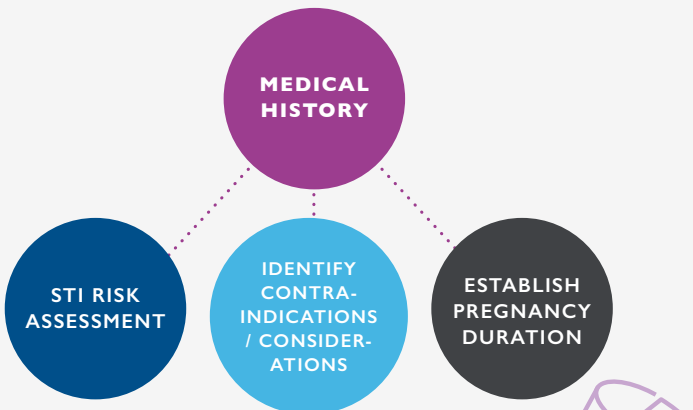
Pre-abortion care summary sheet

1. AIMS OF A PRE-ABORTION CONSULTATION

1. Create a safe, respectful space.
2. Determine which abortion method(s) can be safely provided.
3. Facilitate choice and identify need for further support.
4. Provide organise abortion (and contraception if wanted).



2. WHICH METHOD?



- Irregular/absent periods
- Uncertainty around LMP
- Risk factors or symptoms of ectopic pregnancy
- Consider if... hormonal or emergency contraception used or breast fed in last 3 months

SCAN OR EXAMINATION

MEDICAL ABORTION

CONTRAINDICATIONS

- Allergies to meds
- Severe asthma
- Inherited porphyria
- Chronic adrenal failure
- Known/suspected ectopic pregnancy

CONSIDERATIONS

- Long term steroids
- Bleeding disorders
- Anticoagulant medication
- Symptomatic anaemia
- IUD in place

SURGICAL ABORTION

CONTRAINDICATIONS

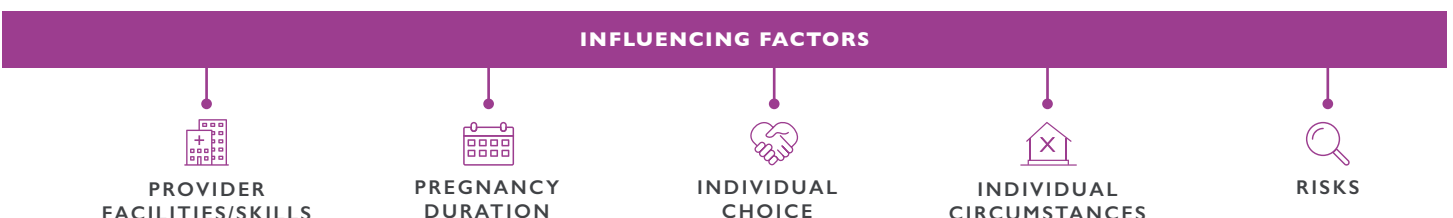
- Inability to remove pregnancy via cervix

CONSIDERATIONS

- Bleeding disorders
- Abnormal placentation
- Anticoagulant medication
- Severe cardiopulmonary disease
- Very high BMI
- Uterine cavity distortion
- Previous cervical surgery

3. FACILITATE CHOICE

Majority are sure about decision to have an abortion



TYPE OF ABORTION

<12 WEEKS **MEDICAL** ≥12 WEEKS



Safe at home
for most



Clinical facility
for most

POST ABORTION CONTRACEPTION

Medical abortion > All methods can be started at time mifepristone is taken except IUDs and vaginal rings; (insert after pregnancy expulsion)

<14 WEEKS **SURGICAL** ≥14 WEEKS



Manual or electric
aspiration

Dilatation &
Evacuation

POST ABORTION CONTRACEPTION

Surgical abortion > All methods can be started on day of procedure, immediately effective.

FURTHER SUPPORT

- Coercion
- Ambivalence
- Conflicting feelings
- Unsure of decision

>

COUNSELLING

- No support
- Community against abortion
- Previous mental health problems

FURTHER SUPPORT

- Domestic abuse
- Sexual exploitation

>

REFERRAL

- Trafficking
- FGM
- Capacity issues
- Safeguarding

4. PROVIDE/ORGANISE ABORTION

- > Explain process, side effects, risks
- > Gain informed consent
- > Examination and investigations
- > Prescribe/fit/organise appointment for contraception if wanted
- > Prescribe/arrange prescription for medical abortion Or Provide/book surgical abortion

