



BULLYING

is behaviour that hurts or frightens someone who is less powerful, often forcing them to do something they do not want to do

UNDERMINING

is behaviour that subverts, weakens or wears away confidence

TACKLE BULLYING & UNDERMINING IN OBSTETRICS & GYNAECOLOGY

15% of O&G trainees experience shouting, threatening or insulting behaviour

O&G trainees report more intimidating behaviour than any other specialty

WHAT CAN I DO?



Ask the individual to stop



Speak out



Keep a record



Talk to your educational supervisor

Speak to your local **Workplace Behaviour Champion** in confidence:

Name:

Contact details: