### BULLYING

is behaviour that hurts or frightens someone who is less powerful, often forcing them to do something they do not want to do



#### **UNDERMINING**

is behaviour that subverts, weakens or wears away confidence

# TACKLE BULLYING & UNDERMINING IN OBSTETRICS & GYNAECOLOGY

15% of O&G trainees experience shouting, threatening or insulting behaviour

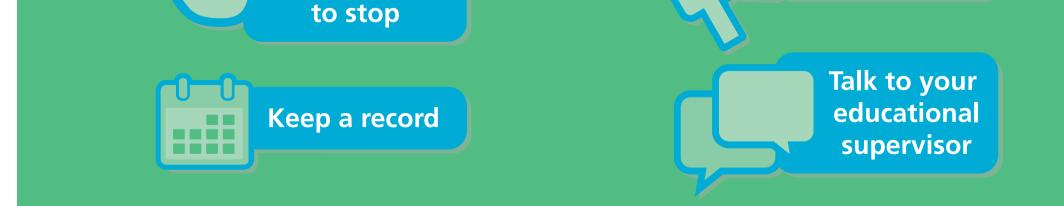
O&G trainees report more intimidating behaviour than any other specialty

## WHAT CAN I DO?

•••

Ask the individual

Speak out



### Speak to your local **Workplace Behaviour Champion** in confidence:

Name:

Contact details: